

KARJAT



CALIDA REHAB
EXCELLENCE IN MENTAL HEALTHCARE



PUNE

**Multi-locational Rehabilitation Centre specialising
in Psychiatric and Substance Use Disorders.**

About Us:

Calida Rehabilitation Centre, situated in Karjat and Pune, was founded by two visionary young professionals, Dr. Prashant Dasud and Dr. Santosh Pawar. With Dr. Dasud's Psychiatric expertise and Dr. Pawar's proficiency in teleconsultation, their mission is to offer comprehensive care for individuals suffering from psychiatric and substance use disorders. As a medico-driven centre, Calida provides a high standard of medical care and professional support.



VISION

At Calida, our vision is to enable individuals with psychiatric disorders to recover and live as independently as possible in the community.



MISSION

We aim to engage patients and aid recovery with disorder management, psychological functioning, and a focus on personal satisfaction.



GOAL

Our goal is to help people with psychiatric disorders through individual and environmental interventions following the Biopsychosocial model of psychiatric disorders.

OUR SERVICES:

Calida Rehab offers a wide range of services for psychiatric disorders such as Schizophrenia, Depression, Substance Use Disorders (alcohol, cannabis, opioids, etc), Dementia, Anxiety Disorders, and Developmental Disorders.

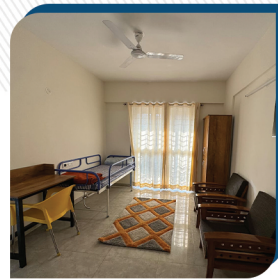
We also offer home based rehabilitation and online consultations.

Infrastructure & Operations:

- The infrastructure and operative procedures are MHCA 2017 & NABH Guidelines compliant including Infection Control Program and Hygiene Protocols.
- To facilitate patient-staff safety, we have fire safety measures in place, as well as 24-hour surveillance, residential staff, and security.
- Calida Rehab has two branches in Karjat and Pune.

KARJAT: (70 bedded facility)

- Semi-resort structure
- Amidst nature, surrounded by mountain landscape
- Ample open space for outdoor activities, facilitating a comprehensively resourceful environment
- Indoor recreation
- Separate wards for males and females
- Attended care for minors



PUNE: (100 bedded facility)

- Stand-alone, secured, multi-story building
- Classical hospital set-up
- Away from the hustle of city
- Indoor games
- Indoor recreation
- Separate floors for males & females
- Attended care for minors



Wide Range of Therapies:

- Recovery-oriented Cognitive Therapy (CT-R)
- Cognitive Behavioural Therapy (CBT)
- Motivational Enhancement Therapy (MET)
- Rational Emotive Behaviour Therapy (REBT)
- Dialectical Behaviour Therapy (DBT)
- Psychodynamic Therapy (PT)
- Supportive Psychotherapy
- Group Therapies
- Music Therapy
- Art Therapy

Our Facilities

KARJAT: (MONTHLY CHARGES)



GENERAL WARD
RS. 33,000/-



THREE BEDDED AC ROOM
RS. 55,000/-



SINGLE DELUXE AC ROOM
RS. 99,000/-

PUNE: (MONTHLY CHARGES)



TRIPLE SHARING ROOMS
RS. 27,000/-



DOUBLE SHARING ROOMS
RS. 40,000/-



SINGLE AC ROOM
RS. 80,000/-



1 BHK WITH AC BEDROOM
RS. 1,50,000/-



www.calidarehab.com



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• Address:

Karjat: 342, Tata Road, Bhaliwadi, Post Gaulwadi,
Tal. Karjat, Dist. Raigad - 410 201.

Pune: Bhagwati Complex, Vidya Valley School Road,
Near Parkhe Vasti, Sus Gaon, Baner, Pune - 411 021.